

who have died on the job. In their memory, we rededicate ourselves to preventing such tragedies, and to securing a safer workplace for every American.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim April 28, 2010, as Workers Memorial Day. I call upon all Americans to participate in ceremonies and activities in memory of those who have been killed due to unsafe working conditions.

IN WITNESS WHEREOF, I have hereunto set my hand this twenty-eighth day of April, in the year of our Lord two thousand ten, and of the Independence of the United States of America the two hundred and thirty-fourth.

BARACK OBAMA

Proclamation 8508 of April 29, 2010

Asian American and Pacific Islander Heritage Month, 2010

*By the President of the United States of America
A Proclamation*

For centuries, America's story has been tied to the Pacific. Generations of brave men and women have crossed this vast ocean, seeking better lives and opportunities, and weaving their rich heritage into our cultural tapestry. During Asian American and Pacific Islander Heritage Month, we celebrate the immeasurable contributions these diverse peoples have made to our Nation.

Asian Americans and Pacific Islanders have shared common struggles throughout their histories in America—including efforts to overcome racial, social, and religious discrimination. This year marks the 100th anniversary of the Angel Island Immigration Station in San Francisco Bay, a milestone that reminds us of an unjust time in our history. For three decades, immigrants from across the Pacific arrived at Angel Island, where they were subject to harsh interrogations and exams, and confined in crowded, unsanitary barracks. Many who were not turned back by racially prejudiced immigration laws endured hardship, injustice, and deplorable conditions as miners, railroad builders, and farm workers.

Despite these obstacles, Asian Americans and Pacific Islanders have persevered and flourished, achieving success in every sector of American life. They stood shoulder to shoulder with their fellow citizens during the civil rights movement; they have served proudly in our Armed Forces; and they have prospered as leaders in business, academia, and public service.

This month, as we honor all Americans who trace their ancestry to Asia and the Pacific Islands, we must acknowledge the challenges they still face. Today, many Asian American and Pacific Islander families experience unemployment and poverty, as well as significant education and health disparities. They are at high risk for diabetes and hepatitis, and the number of diagnoses for HIV/AIDS has increased in recent years.

We must recognize and properly address these critical concerns so all Americans can reach their full potential. That is why my Administration reestablished both the White House Initiative and the President's Advisory Commission on Asian Americans and Pacific Islanders (AAPI). These partnerships include leaders from across our Government and the AAPI community, dedicated to improving the quality of life and opportunities for Asian Americans and Pacific Islanders.

Asian Americans and Pacific Islanders are a vast and diverse community, some native to the United States, hailing from Hawaii and our Pacific Island territories. Others trace their heritage to dozens of countries. All are treasured citizens who enrich our Nation in countless ways, and help fulfill the promise of the American dream which has drawn so many to our shores.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim May 2010, as Asian American and Pacific Islander Heritage Month. I call upon all Americans to learn more about the history of Asian Americans and Pacific Islanders, and to observe this month with appropriate programs and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this twenty-ninth day of April, in the year of our Lord two thousand ten, and of the Independence of the United States of America the two hundred and thirty-fourth.

BARACK OBAMA

Proclamation 8509 of April 29, 2010

National Physical Fitness and Sports Month, 2010

*By the President of the United States of America
A Proclamation*

The 2010 Winter Olympics inspired people around the globe as they watched elite athletes push their bodies to the limit. Olympic competition showcases the vibrancy that physical activity can add to a person's life. Exercise strengthens both body and mind, and maintaining good health can help prevent injury and disease. Americans of every age, background, and ability can weave activity into their daily habits to improve their mental and physical wellbeing. This month, we celebrate fitness, sports, and outdoor recreation as both healthy activities and cherished national traditions.

Exercise can help prevent complications from conditions like heart disease, diabetes, and obesity, which are among our most costly and widespread health problems. That is why my Administration is investing in the long-term health of our Nation by encouraging Americans to stay fit. Through interactive toolkits and programs, the President's Council on Physical Fitness and Sports helps motivate citizens of all ages to incorporate physical activity into their lives. Visit Fitness.gov for more information and resources to get started.